

POST- OPERATIVE INSTRUCTIONS INTRAVESICAL BOTOX

This procedure is performed using a cystoscope - a small telescope, that is inserted through the urethra and into the bladder to achieve direct vision Botox will be injected into multiple sites in the bladder wall. A decrease or absence of bladder overactivity can be seen within 3-14 days of the injection. This usually lasts up to 6 - 12 months after your procedure.

You may experience bladder pain for a number of days and this is due to the injection sites and will subside in up to 7 days.

You may experience for up to 72 hours:

- Urinary frequency
- Dysuria – burning and stinging when you pass urine
- Haematuria (slight blood stained urine)

If these symptoms persist notify Brightwell health

Remember to empty your bladder efficiently; Sit comfortably on the toilet, feet flat on the floor and lean forward with your elbows on your knees. Drink adequate fluids 6 – 8 glasses per day.

When Should I Ask for Medical Advice?

If you develop heavy bleeding or a foul-smelling vaginal discharge, burning or stinging on passing urine, increasing abdominal pains, vomiting, fever, painful swollen leg(s), shortness of breath or chest pain, you need to contact Brightwell health or the hospital where you had your procedure.

Follow up

You will be contacted by Brightwell 2 weeks after the procedure. At this time the effectiveness of the procedure will be assessed and follow up will be decided depending on the outcome of your Botox procedure. If your bladder symptoms are successfully treated with Botox then contact Brightwell health when you would like a further treatment.